

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>August cont'd</b> 30</p> <p><b>National Beach Day</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Spiritual Expressions 10:30 Coupon Clipping 11:00 Coffee &amp; Current Events [AC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>31</p> <p><b>National Heroes Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 11:00 Plant Therapy 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:00 Hangman 6:30 Music Relaxation</p>	<p>EMERALD CITY SENIOR LIVING</p>	<p>9001 Lake City Way NE Seattle, WA 98115 206-729-1200</p>	<p><b>Location Keys</b></p> <p>Activity Room AC Memory Care MC</p>	<p>Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p>	<p>1</p> <p>9:30 Sittercise [MC] 10:15 Coffee &amp; Current Events [MC] 12:30 Candy Bingo 2:00 Gen-Narrations 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>
<p>2</p> <p><b>National Coloring Book Day</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Spiritual Expressions 10:30 Coupon Clipping 11:00 Coffee &amp; Current Events [AC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:30 Reminiscing 6:30 Movie &amp; Popcorn</p>	<p>3</p> <p><b>National Watermelon Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:00 Hangman 6:30 Music Relaxation</p>	<p>4</p> <p><b>National Chocolate Chip Cookie Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Plant Therapy 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>5</p> <p><b>Work Like A Dog Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Sing A Long 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>6</p> <p><b>National Root Beer Float Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Fold &amp; Sort 12:30 Candy Bingo 1:30 Book Club 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>7</p> <p><b>International Beer Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Afternoon Movie Matinee 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>8</p> <p><b>International Cat Day</b></p> <p>9:30 Sit &amp; Be Fit 12:30 Candy Bingo 2:00 Facetime with Family 2:00 Gen-Narrations 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>
<p>9</p> <p><b>Book Lovers Day</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Spiritual Expressions 10:30 Coupon Clipping 11:00 Coffee &amp; Current Events [AC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>10</p> <p><b>National Smores Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:00 Hangman 6:30 Music Relaxation</p>	<p>11</p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Plant Therapy 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>12</p> <p><b>International Youth Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Sing A Long 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>13</p> <p><b>International Left Handers Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 12:30 Candy Bingo 1:30 Book Club 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>14</p> <p><b>World Lizard Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Afternoon Movie Matinee 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>15</p> <p><b>National Relaxation Day</b></p> <p>9:30 Sit &amp; Be Fit 12:30 Candy Bingo 2:00 Facetime with Family 2:00 Gen-Narrations 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>
<p>16</p> <p><b>National Tell A Joke Day</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Spiritual Expressions 10:30 Coupon Clipping 11:00 Coffee &amp; Current Events [AC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>17</p> <p><b>National Non Profit Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:00 Hangman 6:30 Music Relaxation</p>	<p>18</p> <p><b>National Fajita Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Plant Therapy 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>19</p> <p><b>World Photography Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Sing A Long 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>20</p> <p><b>National Radio Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 12:30 Candy Bingo 1:30 Book Club 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>21</p> <p><b>Senior Citizens Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Afternoon Movie Matinee 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>22</p> <p><b>National Tooth Fairy Day</b></p> <p>9:30 Sit &amp; Be Fit 12:30 Candy Bingo 2:00 Facetime with Family 2:00 Gen-Narrations 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>
<p>23</p> <p>9:30 Sit &amp; Be Fit 10:00 Spiritual Expressions 10:30 Coupon Clipping 11:00 Coffee &amp; Current Events [AC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>24</p> <p><b>National Waffle Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 3:00 Hangman 6:30 Music Relaxation</p>	<p>25</p> <p><b>National Banana Split Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Plant Therapy 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>26</p> <p><b>Women's Equality Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 10:30 Sing A Long 12:30 Candy Bingo 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>27</p> <p><b>International Lottery Day</b></p> <p>8:30 Sittercise [MC] 9:15 Coffee &amp; Current Events [MC] 12:30 Candy Bingo 1:30 Book Club 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>	<p>28</p> <p><b>National Bow Tie Day</b></p> <p>9:30 Sit &amp; Be Fit 10:15 Coffee Chat &amp; Cookies on the Patio [MC] 12:30 Candy Bingo 2:00 Afternoon Movie Matinee 2:00 Facetime with Family 2:45 Afternoon Refreshments 6:30 Music Relaxation</p>	<p>29</p> <p><b>National Lemon Juice Day</b></p> <p>9:30 Sit &amp; Be Fit 12:30 Candy Bingo 2:00 Facetime with Family 2:00 Gen-Narrations 2:45 Afternoon Refreshments 6:30 Movie &amp; Popcorn</p>

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