


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>9001 Lake City Way NE Seattle, WA 98115 206-729-1200</p>		<p>8:30  Sittercise [MC] <b>1</b></p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Trivia Challenge</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>International Bacon Day 2</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Short Stories</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Baby Back Ribs Day 3</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>12:30  Candy Bingo</p> <p>1:30  Culinary Creations</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Macadamia Nut Day 4</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Afternoon Movie Matinee</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Cheese Pizza Day 5</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Gen-Narrations</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	
	<p><b>Read A Book Day 6</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:00  Spiritual Expressions</p> <p>10:30  Coupon Clipping</p> <p>11:00  Coffee, Comics &amp; Current Events [AC]</p> <p>12:30  Candy Bingo</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Name That Tune</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Beer Lovers Day 7</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Hangman</p> <p>6:30  Music Relaxation</p>	<p><b>National Date-Nut Bread 8</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Trivia Challenge</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National I Love Food Day 9</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Short Stories</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Hot Dog Day 10</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>12:30  Candy Bingo</p> <p>1:30  Culinary Creations</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>College Colors Day 11</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Afternoon Movie Matinee</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Chocolate Milkshake Day 12</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Gen-Narrations</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>
	<p><b>National Peanut Day 13</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:00  Spiritual Expressions</p> <p>10:30  Coupon Clipping</p> <p>11:00  Coffee, Comics &amp; Current Events [AC]</p> <p>12:30  Candy Bingo</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Name That Tune</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Cream Filled Donut Day 14</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Hangman</p> <p>6:30  Music Relaxation</p>	<p><b>National Linguini Day 15</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Trivia Challenge</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Guacamole Day 16</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Short Stories</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Monte Cristo Day 17</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>12:30  Candy Bingo</p> <p>1:30  Culinary Creations</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Cheese Burger Day 18</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Afternoon Movie Matinee</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Butterscotch Day 19</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Gen-Narrations</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>
	<p><b>National Rum Punch Day 20</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:00  Spiritual Expressions</p> <p>10:30  Coupon Clipping</p> <p>11:00  Coffee, Comics &amp; Current Events [AC]</p> <p>12:30  Candy Bingo</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Name That Tune</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Pecan Cookie Day 21</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Hangman</p> <p>6:30  Music Relaxation</p>	<p><b>National Ice Cream Cone Day 22</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Trivia Challenge</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National White Chocolate Day 23</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Short Stories</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Cherries Jubilee Day 24</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>12:30  Candy Bingo</p> <p>1:30  Culinary Creations</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Quesadilla Day 25</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Afternoon Movie Matinee</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>National Key Lime Pie Day 26</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Gen-Narrations</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>
	<p><b>National Chocolate Milk Day 27</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:00  Spiritual Expressions</p> <p>10:30  Coupon Clipping</p> <p>11:00  Coffee, Comics &amp; Current Events [AC]</p> <p>12:30  Candy Bingo</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Name That Tune</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Drink a Beer Day 28</b></p> <p>9:30  Sit &amp; Be Fit</p> <p>10:15  Coffee Chat &amp; Cookies on the Patio [MC]</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>3:00  Hangman</p> <p>6:30  Music Relaxation</p>	<p><b>National Coffee Day 29</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Trivia Challenge</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Movie &amp; Popcorn</p>	<p><b>National Mulled Cider Day 30</b></p> <p>8:30  Sittercise [MC]</p> <p>9:15  Coffee &amp; Current Events [MC]</p> <p>10:30  Short Stories</p> <p>12:30  Candy Bingo</p> <p>2:00  Facetime with Family</p> <p>2:45  Afternoon Refreshments</p> <p>6:30  Music Relaxation</p>	<p><b>Location Keys</b></p> <p>Activity Room AC</p> <p>Memory Care MC</p> <p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>		