


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>9001 Lake City Way NE Seattle, WA 98115 206-729-1200</p>			<p>Location Keys</p> <p>Activity Room AC Living Room LV Multi Purpose Room MP</p> <p>📷 Be Adventurous 🚩 Be Challenged 🗣️ Be Connected 👨‍👩‍👧 Be Family 🦋 Be Social 💛 Be Well</p>		<p>National Homemade Cookies Day 1</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:45 🎭 Funny Stories (Pickup At Front Desk) 1:00 📺 Nature Documentary [MP] 1:30 🗣️ Vibrant Life Activity Meeting [LV] 2:30 🎲 Bingo (5 People Only) [AC] 3:45 🎮 Wii Jeopardy [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>International Coffee Day 2</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:00 📧 Computer/ Email Help (Sign Up By Calling Front Desk) 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Travel Documentary [MP] 1:30 🎲 Loaded Questions [LV] 2:30 🎲 Bingo (5 People Only) [AC] 3:45 🍷 Football Friday Social [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Poetry Day 3</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🗣️ Room Visits (Sign Up By Calling Front Desk) 11:30 📖 Crossword & Word Search 11:30 🍷 Learn To Use The Exercise Equipment w/ Nate [AC] 12:45 🎮 Wii Bowling [MP] 1:30 📺 Afternoon Travel Documentary [MP] 2:30 🎲 Bingo (5 People Only) [AC] 3:30 🗣️ Wine & Watercolor Painting [AC] 6:00 🍷 After Dinner Movie [MP]</p>
<p>National Taco Day 4</p> <p>10:00 🍷 Seahawks Vs. Miami Dolphins [MP] 10:30 🗣️ Online Church Service [AC] 11:30 📖 Crossword & Word Search 1:00 🍷 Afternoon Movie Matinee (5 People Only) [MP] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National Do Something Nice Day 5</p> <p>11:30 📖 Crossword & Word Search 1:00 📺 Ken Burns Documentary [MP] 1:30 🍷 Daily Exercise (5 People Only) [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National Noodle Day 6</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🍷 Yellow Ball Toss [AC] 11:30 📖 Crossword & Word Search 12:00 🗣️ Room Visits (Sign Up By Calling Front Desk) 1:30 📖 Arts & Crafts [AC] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:45 🎮 Wii Sports [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Frappe Day 7</p> <p>9:30 🍷 Errand Run For Essentials 10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 1:00 🍷 Online Grocery Shopping [AC] 1:30 🍷 Exercise & News (5 People Only) [AC] 2:00 🗣️ Fireside Chat W/ Vince [LV] 2:30 🎲 Trivia Bingo (5 People Only) [AC] 3:30 📖 Name That Tune [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Pierogi Day 8</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:30 🗣️ Face Time With A Loved One 1:00 🗣️ Afternoon Social & Trivia (5 People Only) [LV] 1:30 🍷 Nature Documentary [MP] 2:30 🎲 Bingo (5 People Only) [AC] 3:30 🗣️ Learn To Play A New Card Game [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>Leif Erikson Day 9</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:00 📧 Computer/ Email Help (Sign Up By Calling Front Desk) 1:00 🍷 Travel Documentary [MP] 1:30 🎲 Loaded Questions [LV] 2:30 🎮 Xbox Videogames [MP] 3:45 🍷 Football Friday Social [LV] 5:30 🎲 Bingo Party Night @ Emerald City [AC] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Cake Decorating Day 10</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🗣️ Room Visits (Sign Up By Calling Front Desk) 11:30 📖 Crossword & Word Search 11:30 🍷 Learn To Use The Exercise Equipment w/ Nate [AC] 12:45 🎮 Wii Bowling [MP] 1:30 🗣️ ISL Inspires (Arts & Crafts) [AC] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 🗣️ Margarita Happy Hour [LV] 6:00 🍷 After Dinner Movie [MP]</p>	
<p>National Sausage Pizza Day 11</p> <p>10:30 🗣️ Online Church Service [AC] 11:30 📖 Crossword & Word Search 1:00 🍷 Afternoon Movie Matinee (5 People Only) [MP] 1:30 📖 Arts & Crafts w/Ottumn [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 5:20 🍷 Seahawks Vs. Minnesota Vikings [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>Columbus Day 12</p> <p>National Pulled Pork Day</p> <p>11:30 📖 Crossword & Word Search 1:00 📺 Ken Burns Documentary [MP] 1:30 🍷 Daily Exercise (5 People Only) [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National M & M Day 13</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🍷 Yellow Ball Toss [AC] 11:30 📖 Crossword & Word Search 12:00 🗣️ Room Visits (Sign Up By Calling Front Desk) 1:30 📖 Arts & Crafts [AC] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:45 🎮 Wii Sports [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Fossil Day 14</p> <p>9:30 🍷 Errand Run For Essentials 10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Online Grocery Shopping [AC] 2:00 🗣️ Fireside Chat W/ Vince [LV] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 📖 Name That Tune [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Cheese Curd Day 15</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:45 🎭 Funny Stories (Pickup At Front Desk) 1:00 🗣️ Afternoon Social & Trivia (5 People Only) [LV] 1:30 🍷 Nature Documentary [MP] 2:30 🎲 Bingo (5 People Only) [AC] 3:30 🎮 Xbox Videogames [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>World Food Day 16</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:00 📧 Computer/ Email Help (Sign Up By Calling Front Desk) 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Travel Documentary [MP] 1:30 🎲 Loaded Questions [LV] 2:30 🎲 Bingo (5 People Only) [AC] 3:45 🍷 Football Friday Social [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Pasta Day 17</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🗣️ Room Visits (Sign Up By Calling Front Desk) 11:30 📖 Crossword & Word Search 11:30 🍷 Learn To Use The Exercise Equipment w/Nate [AC] 12:45 🎮 Wii Bowling [MP] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 🗣️ Margarita Happy Hour [LV] 6:00 🍷 After Dinner Movie [MP]</p>	
<p>National Chocolate Cupcake Day 18</p> <p>10:30 🗣️ Online Church Service [AC] 11:30 📖 Crossword & Word Search 1:00 🍷 Afternoon Movie Matinee (5 People Only) [MP] 1:30 📖 Arts & Crafts w/Ottumn [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National New Friends Day 19</p> <p>11:30 📖 Crossword & Word Search 1:00 📺 Ken Burns Documentary [MP] 1:30 🍷 Daily Exercise (5 People Only) [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>International Sloth Day 20</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🍷 Yellow Ball Toss [AC] 11:30 📖 Crossword & Word Search 12:00 🗣️ Room Visits (Sign Up By Calling Front Desk) 1:30 📖 Arts & Crafts Pumpkin Painting & Carving [AC] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:45 🎮 Wii Sports [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Apple Day 21</p> <p>9:30 🍷 Errand Run For Essentials 10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Online Grocery Shopping [AC] 1:30 🍷 Exercise & News (5 People Only) [AC] 2:00 🗣️ Fireside Chat W/ Vince [LV] 2:30 🎲 Trivia Bingo (5 People Only) [AC] 3:30 📖 Name That Tune [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Nut Day 22</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 1:00 🗣️ Afternoon Social & Trivia (5 People Only) [LV] 1:30 🍷 Nature Documentary [MP] 2:30 🎲 Bingo (5 People Only) [AC] 3:30 🗣️ Learn To Play A New Game [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Boston Cream Pie Day 23</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:00 📧 Computer/ Email Help (Sign Up By Calling Front Desk) 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Travel Documentary [MP] 1:30 🎲 Loaded Questions [LV] 2:30 🎲 Bingo (5 People Only) [AC] 3:45 🍷 Football Friday Social [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Bologna Day 24</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🗣️ Room Visits (Sign Up By Calling Front Desk) 11:30 📖 Crossword & Word Search 11:30 🍷 Learn To Use The Exercise Equipment w/Nate [AC] 12:45 🎮 Wii Bowling [MP] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 🗣️ Margarita Happy Hour [LV] 6:00 🍷 After Dinner Movie [MP]</p>	
<p>National Greasy Foods Day 25</p> <p>10:30 🗣️ Online Church Service [AC] 11:30 📖 Crossword & Word Search 1:05 🍷 Seahawks Vs. Arizona Cardinals [MP] 1:30 📖 Arts & Crafts w/Ottumn [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National Chicken Fried Steak Day 26</p> <p>11:30 📖 Crossword & Word Search 1:00 📺 Ken Burns Documentary [MP] 1:30 🍷 Daily Exercise (5 People Only) [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:00 🍷 Movie Matinee (5 People Only) [MP] 6:00 🍷 After Dinner Movie [MP] 6:00 🍷 Walk Around The Community, Social Distancing Recommended</p>	<p>National American Beer Day 27</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🍷 Yellow Ball Toss [AC] 11:30 📖 Crossword & Word Search 12:00 🗣️ Room Visits (Sign Up By Calling Front Desk) 1:30 📖 Arts & Crafts [AC] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 🍷 Path To Wellness Kickoff Event [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Chocolate Day 28</p> <p>9:30 🍷 Errand Run For Essentials 10:00 🍷 Bookmobile (No Contact Delivery) 10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:30 🗣️ Face Time With A Loved One 1:00 🍷 Online Grocery Shopping [AC] 1:30 🍷 Exercise & News (5 People Only) [AC] 2:00 🗣️ Fireside Chat W/ Vince [LV] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 📖 Name That Tune [LV] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Oatmeal Day 29</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:45 🎭 Funny Stories (Pickup At Front Desk) 1:00 🗣️ Afternoon Social & Trivia (5 People Only) [LV] 1:30 🍷 Nature Documentary [MP] 1:30 🎮 Watercolor Painting [AC] 2:30 🎲 Bingo (5 People Only) [AC] 3:35 🎮 Wii Jeopardy [MP] 6:00 🍷 After Dinner Movie [MP]</p>	<p>National Breadstick Day 30</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:30 📖 Crossword & Word Search 12:00 📧 Computer/ Email Help (Sign Up By Calling Front Desk) 12:30 🗣️ Face Time With A Loved One 1:00 🗣️ Halloween Costume Party [LV] 2:00 🍷 Halloween Costume Party [LV] 3:30 🎲 Halloween Bingo (5 People Only) [AC] 6:00 🍷 After Dinner Movie [MP]</p>	<p>Halloween 31</p> <p>10:30 🍷 Daily Exercise & News (5 People Only) 11:15 🗣️ Room Visits (Sign Up By Calling Front Desk) 11:30 📖 Crossword & Word Search 11:30 🍷 Learn To Use The Exercise Equipment w/Nate [AC] 12:45 🎮 Wii Bowling [MP] 2:30 🎲 Afternoon Bingo (5 People Only) [AC] 3:30 🗣️ Margarita Happy Hour [LV] 6:00 🍷 After Dinner Movie [MP]</p>	